

Young Mums' Group Nanango

Is a 5 week program that will commence on Tuesday the 17th of August 2010 at Community Kids – 42 Drayton Street, Nanango. The group will meet on a weekly basis after this date (see below) for 5 weeks. The group is supported by Pam Holmes from CTC Youth Services, Ann Daveron from Nanango Child Health and Kylie from KathDickson Center-Toowoomba.

We invite all young mums' (up to the age of 25 years) and their children to participate in this great program.

Nanango Young Mums' Group will run on the days, times and dates below.

Tuesday

17 August	10am-12md
24 August	10am-12md
31 August	10am-12md
7 September	10am-12md

The final day of the program is Wednesday 15th of September and will be held at the Kingaroy Youth Park. Transport will be available to and from Kingaroy if requested.

For further information please contact

CTC Youth Services-Kingaroy

Pam Holmes

Phone: 41627788
Email: pamh@sbctc.com.au
Fax: 41622783
Website: www.sbctc.com.au



OR

Nanango Community Health
Child Health

Anne Daveron

Phone: 4171 6750



CTC - working for our community



Young Mums' Group Nanango



Providing support, education and creating opportunities to build social networks.

CTC Youth Services Young Mums Group

The aim of the group is to share:

- Valuable knowledge & experiences
- Resources
- Information

and to create opportunity for social interaction and inclusion.

We aim to build on knowledge of caring for your child, social and support networks and self confidence.



Transport is available for those young women who have no wheels or any other mode of transport.

What will be happening in the program?

Anne Daveron

Kingaroy Child Health Nurse will be onsite and available to:

- Answer any of those burning questions you may have
- Give practical advice/information
- Weigh your child/children
- Individual support
- Assisting with program content

Pam Holmes

CTC Youth Worker will be supporting the group through fun activities to build on self esteem and confidence. Pam is also available to:

- Chat/Listen
- Offer individual support
- Link in with other support services

What do I need to bring & what will be provided

Volunteers

CTC have a number of committed and experienced volunteers (with 'Working for Children' Blue Cards). The volunteers will be onsite and available for child minding. They will have fun activities to keep the kiddies occupied and happy. Morning tea will also be provided.

